



“Every Spiritual Blessing” – A Study in Ephesians

Please pray that the Holy Spirit will give you understanding of God’s Word before you begin.

Lesson 7 - Ephesians 3:14-21

In the previous two weeks we learned what the mystery was that Paul revealed and what purpose the mystery served, this week we look at the last aspect of this mystery – the love of Christ!

Appreciation of the Mystery

1. In verses 14 & 15 Paul is praying for the Ephesians, note who he addresses his prayer to. See Ephesians 1:10 and Acts 11:26 to help clarify the meaning of these verses.

a. Paul begins his prayer (verse 1) “For this reason I bow my knees...” Look at these verses and write down what you learn about the physical attitude of prayer: Psalm 95:1-7; Mark 11:25; Matthew 26:39 and 1 Timothy 2:8.

b. Now look at these verses and write down what you find about our heart attitude and prayer: James 1:6; Hebrews 10:19-22; Luke 22:43; James 5:16; and 2 Chronicles 7:14.

2. Read verse 16 along with Isaiah 40:29-32; Philippians 4:13; Colossians 1:10,11 and 2 Corinthians 12:7-10. Think about any trials and trouble in your life, do these verses encourage you, and if so how?

3. Use a Bible dictionary to define the word dwell as it is used in verse 17a. Then read John 14:23 and explain what it means for Christ to dwell in your heart.

a. Do you think Jesus feels at home in your heart or is there a little tension and discomfort?

4. Read 17b and 18. Paul is wanting the Ephesians (and us) to understand the measurements of Jesus' love. With that in mind, let's look at each measurement:

Width – How wide is His love? (John 3:16) How much does it cover? (1 John 1:7)

Length – Ask yourself when did God start loving me and how long will it continue? (Jeremiah 31:3)

Depth – How deeply does Jesus love you? (Galatians 2:20)

Height – How high does His love lift you? (Ephesians 2:6)

5. Read verse 19 along with Romans 5:5 and Colossians 2:9,10 and ask the Lord to help you to know and understand the fullness of His love for you (and all His saints).

6. Paul ends his prayer with a beautiful doxology in verses 20 & 21. Think about what it means that God is able to do “**exceedingly abundantly** above all that we ask or think, according to the power that works in us,”. The things that Paul asked for us in the preceding prayer; spiritual strength, Jesus dwelling in our hearts, the knowing and experiencing of God's love and the fullness of God are available to us in this life.

How do we receive these spiritual blessings?

