



Every Spiritual Blessing—A Study in Ephesians

Please ask the Holy Spirit to give you understanding before you begin.

Lesson 12—Ephesians 5:1-7

Please read all of Ephesians Chapter 5

1.) In Chapter 4, Paul sent out a plea for oneness within the Body of Christ; we could entitle the chapter, “Walk in Unity”. He continues this exhortation to holy living in Chapter 5. Looking over the first 21 verses, divide the passage according to subject and choose a title for each:

- Eph 5:1- _____ “Walk in _____”
- Eph 5: _____ “Walk in _____”
- Eph 5: _____ –21 “Walk in _____”
- Now choose a title for Eph 5:22-33...

2.) As we turn our attention to the passage containing verses 1—7, We first need to ask ourselves, “to what is Paul referring in his comment, ‘Therefore’”? Your thoughts?

3.) What do we see right off the bat about God’s character & personality? Check out these additional scriptures to help underscore your observations—

Eph 1: 3- 5; 1 Jn 4:10 & 16; Rom 8:15; Rom 4:6; John 3:16; Titus 2:14

4.) Have you ever thought of Jesus Christ as your “mentor”? This exhortation is not merely a suggestion. “Be imitators”, in verse 1 calls us to pursue just that! However, it does require action to glean from and emulate another.

- The Greek word used in this verse meaning to imitate or mimic, is always used **positively**, in the NT (7 x!) How is Paul calling us to “mimic” Christ in verse 2? (See also 1 Peter 1:14-16)
- More than just a mentor, as believers, Christ is our life! What do you want younger/newer believers to know about Jesus as they observe your actions & listen to your words?
- “Walk in love” indicates a continual & ongoing way of living. How can we reflect our heavenly Father’s character & follow Jesus’ example moving forward?

5.) Why is Jesus’ sacrifice on the cross likened to a sweet-smelling aroma? Reference the following verses to help with your answer. (Psa 141:2; Ezra 6:10; Eze 20:41; Phil 4:18)

- When God’s people live in love and forgiveness, as Christ did, their lives become a sweet offering too. Reading 2 Cor 2:14-17, share how we are, to God, the fragrance of Christ.

6.) Read verse 3. In the world, Satan has done all he can to confuse people’s thinking regarding love and lust and it just keeps getting more debased & depraved. Lust has nothing to do with love, they are opposites. What does Paul say in verse 3 about this? (NKJV)

...let it not _____ be _____ among _____, as is _____ for _____;

- How is living in sexual purity connected to “walking in love”?

7.) Looking at verse 4, Paul moves from immoral behavior to impure speech. Such speech should be replaced by words of thanks for the blessings He has given us (Eph1:3-6)! List the 3 types of conversation He warns against and describe what you think he means by each:

- a. _____
- b. _____
- c. _____

- Read & meditate on the following scriptures and allow them to inspire you to “fitting” & godly speech. Consider committing your favorites to memory & sharing with us!

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| a. Isa 50:4 | d. Prov 12:14 | g. Prov. 25:11 |
| b. Ps 37:30 | e. Prov 15:23 | h. Ecc 9:17 |
| c. Ps 145:11 | f. Prov 16:24 | i. Eph 4:29 |

- How is practicing right speaking & being thankful connected to “Walking in love”?

8.) On Paul’s 2nd missionary journey, he created quite an uproar in Ephesus. Bringing the Gospel to this pagan port won him no friends with the Chamber of Commerce! As you can imagine, the temple of Diana (Artemus) was a big draw for tourism, and manufacturing businesses—silversmiths who made their money fabricating statues/idols of the goddess abounded. (Please read the account in Acts 19) Paul is in a Roman prison now & as he writes, doesn’t want his beloved children in the faith to get caught back up in the cultural deception of the day. In vs 5, we see his strong admonition to the saints that habitual sin, such as idolatry & sexual immorality, have no place in their lives now, & those whose lifestyles are characterized by it, are not truly members of the kingdom of God! How can we, in this 21st century, take heed of God’s Word for us today, in verses 6 & 7, and avoid the demonic cultural deception of our day?

“By this we know love, because He laid down His life for us. And we also ought to lay down our lives for the brethren.” 1 John 3:16