



## Winter: Week 1

1-18-26

"Chosen, Adopted, Accepted"  
Ephesians 1:3-6

Current Life Group Session:  
January 18 – March 14, 2026

### **Getting to know each other:**

1) Welcome back to a new season of Life Groups! What was the highlight of your Holiday Season?

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2) Do you have any special plans for 2026?

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### **Getting into the Word:**

3) In Eph.1:3, we're told, "God has blessed us with every spiritual blessing in the heavenly places in Christ." We'll dig more into this in the coming weeks, but can you make a list of spiritual blessings you have received from the LORD?

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4) After reading the following Scriptures, what do you believe about the sovereignty of God and your free will? Circle the verses that seem to combine both of these doctrines. John 3:16...John 6:35-40... John 15:16...Acts 13:44-48 ...Acts 16:27-34...Rom. 8:28-30...10:8-15...2Thes. 2:13-14...1Pet. 1:1-9...Josh. 24:14-15.

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"And the Spirit and the Bride say, "Come!" And let him who hears say, "Come!" And let him who thirsts come. Whoever desires, let him take the water of life freely." Rev.22:17