



Winter: Week 2

1-25-26

"Redeemed and Sealed Forever"
Ephesians 1:7-14

Current Life Group Session:
January 18 – March 14, 2026

Getting to know each other:

1) For better or for worse, children sometimes take on certain character traits of their parents. What are some good traits, and not so good traits, you took on from your parents, or have passed down to your children?

2) Thinking back over Eph.1:1-14, what are some of the spiritual blessings we have because we are IN Christ? Are there any that have taken on a more significant meaning to you at this time in your life? If so, how?

Getting into the Word:

3) The Lord is our Redeemer. He purchased us out of the kingdom of darkness, and now we are in the Kingdom of God. What do these Scriptures say about our Redeemer and our redemption?

Isa.44:6...Isa.54:5-8...Job 19:25...Gal.3:13-14...1Pet.1:18-19...Col.1:13-14...Heb.9:12-15.

4) One of the spiritual blessings we have IN Christ is that we have been "sealed with the Holy Spirit of promise, who is the guarantee of our inheritance." (Eph.1:13-14). What do these verses say about having the SEAL (God's stamp of authority and ownership) upon our lives? Eph.4:30...2Cor.1:20-22. The same word for SEAL is also used in Rev.20:1-3. What does this tell us about the SEAL of God?
