



Winter: Week 3

2-1-26

"Don't Lose Heart"

Galatians 6:9

Current Life Group Session:

January 18 – March 14, 2026

Getting to know each other:

- 1) Have you ever had a New Year's resolution that you followed through on for the whole year? If so, what was it?

- 2) What is something the Holy Spirit has been prompting you to work on or change in your life this year?

Getting into the Word:

- 3) In what way do the following verses encourage us in our life and circumstances? What stands out to you?
Isaiah 40:28-31, John 16:33, Isaiah 41:10, 1 Chronicles 28:20, Psalm 46:1-3

- 4) What are practical ways we can "seek" the Lord? What do these verses say about *how* to seek the Lord?
Jeremiah 29:12-13, Psalm 24:4-6, Daniel 9:3, Psalm 119:10-11, Psalm 63:1-11

"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart."
Galatians 6:9