



Spring: Week 3

4-12-26

"Speak the Truth in Love"
Ephesians 4:11-24

Current Life Group Session:
March 29 – May 22, 2026

Getting to know each other:

1) Would you rather go back in time to meet your ancestors, or travel into the future to meet your descendants? Why?

2) The Pharisees added to God's Word and the Sadducees subtracted from God's Word. Jesus warns us against both of these. What are some possible dangers of adding to, or subtracting from, the Bible? Which do you think is more common to Christians today?

3) Paul says, "that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men..." Can you think of any examples of this happening to people?

Getting into the Word:

4) In this section of Eph.4, Paul exhorts us to change our "clothes." In other words, we should be putting off certain things that should no longer be a part of our new life in Jesus. And at the same time, we should be putting on new things.

a) What kind of things should we put away?

b) What should we be putting on instead?

Need help? See Col.3:5-16

5) Was there anything from Sunday's message that encouraged you, challenged you, confused you, or brought up more questions in your mind?

"The best way to stay on course, and not suffer shipwreck concerning your faith, is to always let Jesus navigate your life's journey."